

October 10: Holy Martyrs Eulampius and Eulampia (196)

They were brother and sister, from Nicomedia, who suffered for Christ during the reign of Maximian. Eulampius was arrested for his Christian faith; when his sister received the news, she hurried to join him. Both were subjected to various cruel tortures, including being cast into fire and boiling pitch, from which they miraculously emerged unharmed. Finally, Eulampius was beheaded, and Eulampia gave up her spirit before she too could be beheaded.



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Third Prayer of Thanksgiving after Holy Communion  
Of Saint Simeon Metaphrastes

O You, who graciously give Your Flesh to me as food, who are a fire consuming the unworthy: consume me not, O my Creator, but rather pass through all the parts of my body, into all my joints, my heart, my soul; burn, O good Lord, the thorns of my transgressions, cleanse my soul and purify all my thoughts. Ever shelter, guard, and keep me in Your love. Chasten me, purify me, and control all my passions. Adorn me, teach me, and enlighten me always. Show me how to be a tabernacle of Your Holy Spirit, and in no wise the dwelling-place of sin, that from me, Your habitation, and because of the communion of Your Holy Mysteries, every evil deed and passion may flee as from fire. I bring to You all the Saints, especially Your pure and most holy Mother, to intercede for me. O my Christ and my God, accept their prayers in my favor, and make me Your child to be a child of light: for You alone are the sanctification and the splendor of my soul, and to You, my God and my Master, I shall give glory and honor for ever and ever. Amen

## St. Ignatios of Antioch Melkite Church

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Parish Administrator: Fr. Miguel Grave de Peralta  
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**3<sup>rd</sup> Sunday of Holy Cross Oct. 10, 2010**

Tone: 3

Eothinon: 9

### Today:

Commemoration of the holy martyrs Eulampios and Eulampia  
Coffee hour class : Study and discussion of excerpts from *The Philokalia*. If you would like to join the class, you can see Fr. Miguel for a book.

### This week:

Oct. 12, Tues. Parish Advisory Council, 6:30 PM

### October

Oct. 19, Tues. Lossky class, 6:30 PM

Oct. 23, Sat. Liturgy of St. James, 10 AM

Please check the bulletin boards in the parish hall for news and events of our local extended church family!

*Publicans' Prayers on 2<sup>nd</sup> and 4<sup>th</sup> Fridays at 11:00 AM  
And at 5:00 PM on first Saturdays*

### Sunday

Orthros 9:15 AM  
Divine Liturgy 10:00 AM

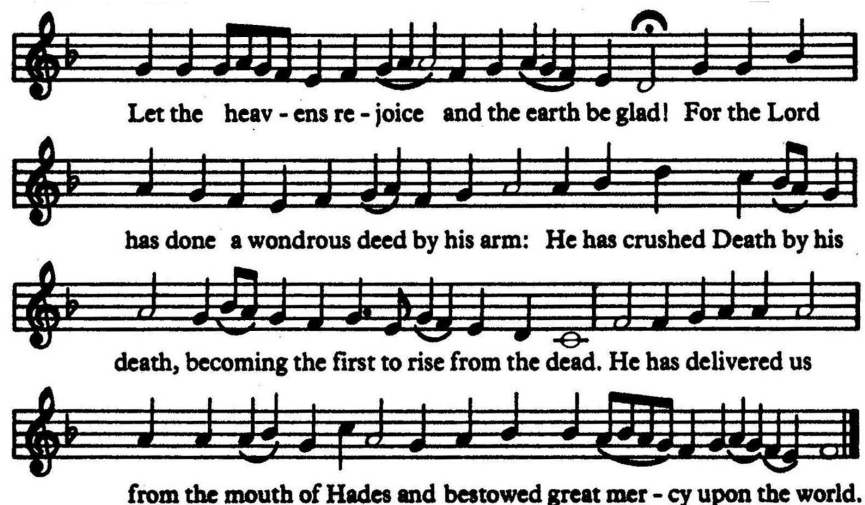
### Daily

Vespers 5:30 PM

## This Sunday's Divine Liturgy of St. John Chrysostom

### Hymns:

Troparion of the Resurrection, Tone 3



Let the heav - ens re - joice and the earth be glad! For the Lord  
has done a wondrous deed by his arm: He has crushed Death by his  
death, becoming the first to rise from the dead. He has delivered us  
from the mouth of Hades and bestowed great mer - cy upon the world.

Troparion of our patron, St. Ignatios of Antioch (Tone 4)

Kontakion of the season: O never-failing Protectress...

Epistle: 20<sup>th</sup> Sunday of Pentecost Galatians 1: 11-9

PROKIMENON

Sing praise to our God, sing praise!

Sing praise to our King, sing praise!

Stichon: All you peoples, clap your hands!

Shout to God with cries of gladness!

READING from the Epistle of St. Paul to the Galatians:

BRETHREN, I give you to understand that the Good News that was announced to you by me is not of man. For I did not receive it from man, nor was it taught to me (by man), but I received it by a revelation from Jesus Christ. For you have heard of the way I lived before in Judaism: how I persecuted the Church of God and ravaged it beyond measure. And I advanced in Judaism above

many of my contemporaries in my nation, showing much more zeal for the traditions of my fathers. But when it pleased him who from my mother's womb set me apart and called me by his grace, to reveal his Son in me, that I might preach him among the Gentiles, immediately, without taking counsel with flesh and blood and without going up to Jerusalem to those who were appointed apostles before me, I retired into Arabia and again returned to Damascus. Then after three years I went to Jerusalem to see Peter, and I remained with him fifteen days. But I saw none of the other apostles, except James, the Lord's brother.

ALLELUIA

In you, O Lord, I have hoped:

Let me never be put to shame.

In your justice, save me and deliver me.

Stichon: Be for me a protecting God,  
a sheltering house to save me.

Gospel: 3<sup>rd</sup> of Holy Cross, Luke 7: 11-16,  
(*Raising of the widow's son in Nain*)

*THE HOLY GOSPEL ACCORDING TO ST. LUKE THE EVANGELIST*

At that time it came to pass that Jesus went to a town called Naim; and his disciples and a large crowd went with him. And as he drew near the gate of the town, behold, a dead man was being carried out, the only son of his mother, and she was a widow; and a large gathering from the town was with her. And the Lord, seeing her, had compassion on her, and said to her, "Do not weep." And he went up and touched the stretcher; and the bearers stood still. And he said, "Young man, I say to thee, arise." And he who was dead, sat up, and began to speak. And he gave him to his mother. But fear seized upon all, and they began to glorify God, saying, "A great prophet has risen among us." and "God has visited his people."

Hymn to the Theotokos: *It is truly meet...*

Kinonikon: *Praise the Lord...*